## Common Symptoms of "Long COVID": Provider Checklist<sup>1</sup>

Resident Name:	
Check All That Apply	General Symptoms
	Tiredness or fatigue that interferes with daily life.
	Symptoms that get worse after physical or mental effort (also known as "post-exertional malaise")
	Fever
	Respiratory and Heart Symptoms
	Difficulty breathing or shortness of breath
	Cough
	Chest pain
	Fast-beating or pounding heart (also known as heart palpitations)
	Neurological Symptoms
	Difficulty thinking or concentrating (sometimes referred to as "brain fog")
	Headache
	Sleep problems
	Dizziness when you stand up (Lightheadedness)
	Pins-and-needles feelings
	Change in smell or taste
	Depression or anxiety
	Digestive Symptoms
	Diarrhea
	Stomach Pain
	Other Symptoms
	Joint or muscle pain
	Rash
	Changes in menstrual cycles

<sup>1</sup> https://www.cdc.gov/coronavirus/2019-ncov/long-term-effects/index.html?CDC\_AA\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F

Providing solutions to help our members manage risk.®

For your risk management and safety needs, contact Nationwide Loss Control Services: 1-866-808-2101 or LCS@nationwide.com.

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