

No Harm

No Foul



Unlike sports, Safety is no game.

When you push the limits of safety by using or allowing risky work practices, you or a coworker can be seriously injured. A No Harm workplace begins with a No Foul mindset.

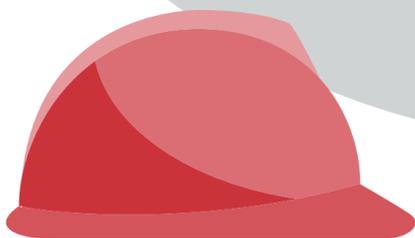
Be a team player and use the No Harm, No Foul acronym to help us flag risks that increase the potential for work-related accidents.

NO

- H**igh force requirements (lifting, pushing, pulling)
- A**wkward work postures (overhead, static positions, reaching)
- R**epetitive motions (twisting, bending, gripping, squeezing)
- M**achinery/equipment exposures (caught in, contact with, LOTO)

NO

- F**all exposures (same level & elevated)
- O**ccupational disease (noise, fumes, vibration, heat/cold)
- U**nsafe driving (operator, site/route, vehicle and load)
- L**ine of fire (struck by, caught between)



Don't let a FOUL or HARM lead to a workplace injury.

Together we can find a safer way.

